



CABC Connect

SUNDAY WORSHIP SERVICES

1st Service:	9:00 am
2nd Service:	11:00 am
Sunday School:	9:00 am 11:00am

WEDNESDAY PRAYER HOURS

Morning Prayer:	9:30 am
Evening Prayer:	7:00 pm

SPRING 2016 VOLUME 9 ISSUE 2

"No man is greater than his prayer life. The pastor who is not praying is playing; the people who are not praying are straying. We have many organizers, but few agonizers; many players and payers, few pray-ers; many singers, few clingers; lots of pastors, few wrestlers; many fears, few tears; much fashion, little passion; many interferers, few intercessors; many writers, but few fighters. Failing here, we fail everywhere."

— LEONARD RAVENHILL —





Stand Firm in Prayer

by Pastor Alexander Lee

*“...rejoicing in hope, patient in tribulation,
continuing steadfastly in prayer...”*

— ROMANS 12:12 (NKJV) —

As I shared in one of my sermons recently, I was visited by Rocky the raccoon who would continually spill over my green waste bin every night. I was able to stand firm against him and I thought I made my point clear. That very night, after I shared that story on Sunday, he came back. The next morning, my green bin was knocked over with all of my food waste spilled everywhere. So I waited for the night to come, and we had another confrontation. I stood my ground again, told him to leave and then he left. I ended up putting the rock back on the bin but I also put the green bin snugly in between the other two larger bins. He hasn't come back, but this might end up being a lifelong relationship with Rocky. I need to persevere and continue to stand firm against him. The main point I would like to share with you in this article is that we, believers in Christ, need to continue to stand firm in prayer. We are to persevere in prayer. We are to stand firm in prayer in the good times, the bad times, and even the “so-so” times.

Before we get into the passage, let me give you some background on the book of Romans. In the book of Romans, Paul is addressing the Jewish and Gentile believers in the city of Rome. There are some issues that are dividing them into two different camps. Paul wanted them to love each other and work together in unity for the gospel. In this particular passage, Paul is encouraging them to live in harmony with one another for the sake of the gospel and to stand firm in prayer. The call to continue steadfastly in prayer is not just for the individual, but it is for the community of Christ, as a whole, to stand firm together in prayer. To pray and support each other.

FIRSTLY,

we need to stand firm in prayer during the good times. Sometimes we stop praying when things are going well. We pray when we need help but when times are good we stop. According

to William D. Mounce (where I am getting all of my Biblical Greek from), the phrase in verse 12 that reads “continuing steadfastly” can also mean “devote oneself to with regularity, steadfastness”. We need to pray with regularity. We are to make prayer a regular habit, not only a 911 emergency number. Prayer involves listening. Are we listening to God or are we just barking orders at Him? We stand firm in prayer by praying even when nothing is wrong in our lives. In spending time in prayer and reading of the Word, we thank Him, we tell Him we love Him and we worship Him.

SECONDLY,

we need to stand firm in prayer in the bad times. “Continuing steadfastly” in the Biblical Greek can also mean, in this context, to “persist in adherence to a thing, to be intently engaged in.” We are to “persist” in prayer even in the bad times. For some believers, they pray when everything is going their way, but in the bad times, they stop praying. They do not “persist” and are not “intently engaged” in this battle through prayer. There is no way we can fight this fight on our own strength, we need to pray even in the bad times and we need to rely upon God. We need the Holy Spirit to help us. We need to stand firm in prayer during the storms so that we don't get swept away.

LASTLY,

we need to stand firm in prayer even in the “so-so” times. “Continuing steadfastly” in the Biblical Greek, is also referring to “constancy and perseverance”. In this passage it is referring to being “constant and steadfast in prayer”. We are to pray not just in the good times and the bad times but every time. We are to stand firm in prayer even in the “so-so” times of our lives. We are to “persevere” in prayer even when we don't want to. Maybe we are too comfortable or too tired to spend time in prayer and the Word, but we must take the initiative. I remember one time, my fish jumped out of my tank. It was flipping and squirming desperately to get back in the water. If it stayed out any longer it would have died. That is the type of hunger we need in prayer. We are to desperately desire to spend time with God in prayer and the Word even in the “so-so” times. In the good times or

bad times and even in the “so-so” times, we need to stand firm in prayer constantly. We are to be ready, alert and on guard.

HOW DO WE APPLY THIS TO OUR DAILY LIVES?

We need to stand firm in prayer all the time. The “danger zone” of the Christian is when the Christian falls into the area of not praying in the good times, bad times or even “so-so” times. The Christians in the “danger zone” say to themselves, “I can do this on my own strength, I don’t need God right now.” That is a very dangerous place to be as a believer in Christ. We are to be “intently engaged” in this battle through prayer. We stand firm and are rooted in Christ, through prayer and the Word, during the sunny days, stormy days and regular days. Satan does not take a vacation, he is ready to pounce when we have our guard down. He is like a roaring lion looking for someone to devour.

The challenge I leave you with, is this:

even in your hardest and most stressful times, remember to pray. Take a deep breath and give God all your worries. Go into your prayer closet and war room and pour out your heart to God. He is waiting for you.

IN CONCLUSION,

I need to continue to stand firm against Rocky the raccoon, maybe even for the rest of my life. We as believers, need to stand firm in prayer for the rest of our lives. We stand firm in prayer by praying in every situation. We pray in the good times, bad times and even in the “so-so” times. Stand firm in prayer.

WHERE IS THE GOSPEL IN THIS MESSAGE?

The world is standing on soft sand. You no longer need to stand on soft sand and be blown away with every wind. You can stand firm on the Rock of Jesus Christ. God loves you so much that He wants a personal relationship with you. We are

separated from God because of sin. We deserve hell, which is eternal damnation and torment. Jesus died to take our place and penalty. Jesus died and rose again for us. You need to turn and repent of sin. I encourage you to believe upon the name of Jesus as your Lord and Savior.

If you would like to place your faith in him today, please pray with me:

“Dear God, I confess that I am sinner. I repent and turn from my sins. I believe upon your name and thank you for eternal life.”

If you prayed this prayer please talk to me as soon as you can. This is not a magic formula that you just say with your lips. You need to surrender your life to Christ. You cannot live any way you like, you turn and repent from sin. You hate sin. You are saved by God’s grace alone which means that you cannot earn it but you need to truly repent of your sin by turning away from it.

If you are reading this and you are a believer in Christ I invite you in this prayer:

“Dear God help me to pray at all times regardless of the situation. In my most hard and stressful times, help me to remember to pray and spend time with you, my Father.”

A Prayer... Even in the Valley

by Juancho Chu

Dear Heavenly Father, while I'm writing this prayer to You, I thank You for the reminder as You spoke through Pastor Joe during his sermon for CABC's anniversary. Thank You once again for reminding me that I must stay rooted in Your Word, my Savior and Lord Jesus as I journey through this valley that I am in right now. It hasn't been easy, my Father, as I still suffer from anxiety especially whenever I think of the procedure that I will have to undergo. When my surgeon told me what the name of the procedure (Whipple) was, it did not really sink in right away. I said to myself, 'What kind of surgery name is that?' I mean, it sounded like it was more of a cooking lesson than an actual surgery. I was even kind of joking about it in the doctor's office. However when my wife, Ruby told me what it entails, I started to become more anxious. Thank You Lord, that You always remind me of my favorite verses,

"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

— PHILIPPIANS 4:6-7 (NKJV) —

when I start to feel that way. Thank You, dear Father, for the peace that only You can give, that truly guards my heart and mind in Christ Jesus.

Father, I also want to thank You for giving me this opportunity to share how You have been walking with me even through all of this. It has been sort of a rollercoaster ride too. For example, when the stent was successfully placed in me to drain the toxins/bile in my system that was making my skin and eyes yellowish, or when I received the news that the sample that the first surgeon took out of me was not cancerous, it felt like I was on the upper part of the ride. However, when I was referred to my current surgeon who told me about the aforementioned procedure, I now find myself on the lower part of the ride.

Nevertheless I give You all the glory, dear Father, as I know that You will never leave me nor forsake me while I am here. Thank You, dear Father, for the many promises in Your Word that have given me the comfort and peace.

*"casting all your care upon Him,
for He cares for you."*

— 1 PETER 5:7 (NKJV) —

Thank You for giving me a wife and children who are never ceasing with their prayers, their love, care and support. Thank You also for Your church at CABC who have been so supportive of me with their well wishes but most of all, their prayers! Dear Lord and Father, how can I not be overwhelmed with joy and peace by all of these evidences of Your love, grace and mercy? I firmly believe, Lord God, that all of these are manifestations of Your great love for Your children in Christ Jesus.

I am still facing this procedure on June 21st, but my heart and my mind are at peace knowing full well who holds tomorrow. Regardless of the outcome of the biopsy on the mass that will be removed with this surgery, it is my intention that all glory will be given to You alone, O Lord, as I know You have Your purpose in all of these. You are my sovereign King and Lord, and my prayer as our Lord Jesus taught us to pray is that Your will be done here on earth as it is in heaven, even on a sinful one as I am.

SOLI DEO GLORIA!

Brother Juancho has successfully undergone surgery and is now back home recuperating. Praise God for His answer to prayers for this prayerful brother /Ed

Grounded in Prayer

by Michael Borja

After 14 years of being a Christian, I have confirmed time and time again, that there are only two pillars which can keep us grounded in Christ. The first pillar is the consistent study, sincere reflection, and passionate application of God's inspired Word – the Bible. The second pillar is relentless and God-centered prayer. Both pillars support each other and ultimately bring us closer to Christ. Without one, a believer is but a crippled servant that is easily swayed by earth's temptations and difficulties. In this article, I will briefly discuss three important aspects of prayer, the second pillar of Christianity.

1. PRAYERS MUST BE GOD-CENTERED.

What makes prayer great? Is it because you can pray anytime? Is it because you can accomplish great things through prayer? No. Prayer is amazing because it is the ordained communion between God and man. Although prayer gives us access to God's divine hand of intervention, the main purpose of prayer is to glorify God and experience His presence in a unique and holy fellowship. God, the infallible King, has given us the privilege to bask in His presence when we pray. This alone is the greatest and most remarkable attribute of prayer. Having said that, prayers must be God-centered. The focus is not the fulfillment of our desires no matter how noble they may be, but the elevation of God's unspeakable glory, the advancement of His majestic reign and the execution of His perfect will (Matthew 6:9-10). There are many needs on earth but Jesus always prayed in light of His Father's glory, kingdom and will. Woe to prayers that are man-centered or focused on man's earthly desires! Repent thou saint if you are guilty of such.

2. PRAYERS MUST BE ROOTED IN FAITH.

When you pray, believe and do not doubt (James 1:6). The Lord despises doubters but will hear the prayers of the humble. Doubters should not expect anything from the Lord (James 1:7). Now, we know that nobody is perfect. Our present human condition will not permit perfect and flawless faith. We all have varying degrees of doubt. Even so, pray oh saint and servant of the Most High. Pray and say "Lord, I believe! Help me overcome my unbelief!" (Mark 9:24). Pray even with all the faith you could muster, no matter how flawed or small. For even if your faith is as small as a mustard seed, you can say to a mulberry tree to be uprooted and be planted in the sea – and it will obey you! (Luke 17:6). The quantity of your faith matters little in the Kingdom of God. The quality of your faith, the ability to genuinely say "I believe" even if things are not going as planned, is what truly matters.

3. PRAYERS MUST BE UNCEASING.

Labor ends, difficulties cease, but not prayer! Prayer must be offered unceasingly to God. It is a lifestyle of constant communion with the Holy One, wherever you are and whatever situation you are in. Prayer is not a hotline to be used during emergencies only. Ah, foolish are we if we pray only during dire times! "Pray without ceasing" is the three word command of the Holy Spirit through the Apostle Paul (1 Thessalonians 5:17). Like Jacob, persist in prayer even if it means dislocating your hip joint (Genesis 32)! Like Abraham, believe even if decades have passed and the Lord has not given the answer (Romans 4:3; Galatians 3:6; James 2:23). Like Job, persevere in praising God no matter how heavy your predicament is (Job 1:21). Like Jesus, pray with loud but meaningful cries and earnest tears (Hebrews 5:7).

Shall I say more? No, the discourse ends here. Get on your knees, oh saint, put away the deeds of darkness and pray fervently, for the night is nearly over and the day is almost here (Romans 13:12).

BAPTISMAL AND MEMBERSHIP SERVICE APR 3

We welcome 13 new members of CABC, five through baptism by immersion and eight through membership transfer. Please see page 10 for a list of our new family members.



PASTORAL COUNSELLING TRAINING SEMINAR APR 8-9

The 2-day seminar was facilitated by Lance Flood of the Tennessee valley Pastoral Counselling ministry. About 25 of our brothers and sisters participated with the desire to be better equipped in ministering to brethren especially during dire times.

MOTHER'S DAY MAY 8

The Sunday Friends Bible study group facilitated both services honoring mothers on this designated day as Pastor Elbern challenged all CABC mothers to be God's WOW Mom based on Proverbs 31:10-31 : a Woman of Worth, Work, Wisdom and Worship.

APRIL

MISSIONS EMPHASIS MONTH

MAY

CHURCH ANNUAL PLANNING MAY 6-7

Twenty six of our church leaders participated in a 2 day planning at the Fair Havens Retreat Centre in Beaverton, Ontario to discuss the direction of CABC towards upcoming change and other plans for 2017. Needless to say ample time of prayer for God's guidance and for our leaders' discernment as they planned, allowed them to accomplish much with short and long range goals.

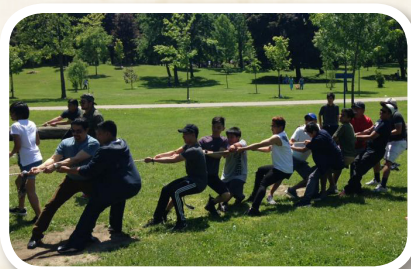


PAYBACK PART 2 POWOW APR 2

A recall by popular demand, the small groups committee hosted part 2 of the Parent-Youth fellowship and open forum. Key speaker Brother Ferdie Umali shared insights on the importance of love and respect between parents and their children.

APOLLO'S PROJECT MAY 14 -21 AND JUNE 4

About 60 brethren participated in the Apollos project, a 3-day (Saturdays) seminar to equip believers in the accurate studying, understanding and interpreting of Scriptures through the able training of Dr. Roy Versoza. It was such a blessed experience and had a great feedback that many who missed the opportunity are hoping for a rerun in the future.



CHURCH-WIDE ANNIVERSARY PICNIC JUN 11

A good turnout of about 267 members and adherents joined the annual church picnic in celebration of CABC's 32nd Anniversary at the Thomson Park. This was a positive response to reverse the possibility of discontinuing the annual picnic if participation was minimal.



CABC FAMILY CAMP JUN 27-29

Once again Fair Havens Retreat Center in Beaverton, Ontario had a big group of jolly campers at about 165 in number. Please see 9 for details

INTERCHURCH FELLOWSHIP HOSTED BY YOUNG AT HEART JUN 18

Four other churches in the GTA joined our Young @ Heart seniors with that Saturday for fellowship and more. Please see page 8 for details

BACCALAUREATE SERVICE JUN 26

Once again, CABC family rejoices with our graduates this year as they move up to another milestone. Please see page 10 for a list of our graduates.

JUNE

ANNIVERSARY SUNDAY JUN 12

To continue celebrating CABC's 32nd anniversary, both Sunday services were facilitated by the RiCh bible study group. What a blessed opportunity to hear the message of the Lord from one who has been part of CABC's growth, Pastor Joe Faia, CABC's first Youth pastor back in 1989.



FATHER'S DAY SUNDAY JUN 19

The Symphony of Love (2) Bible study group facilitated both services as fathers were honored and prayed for. Pastor Elbern challenged CABC fathers in their walk with the Lord based on Psalm 128:1-6 so that God's blessings will be manifested in their personal, domestic, spiritual and social lives. We thank God for the good number of fathers in CABC, an evidence that God is working in the lives of the Head of each family.

SEMI-ANNUAL CONGREGATIONAL MEETING JUN 26

ANNUAL SUMMER CLEANING JUN 25

Due to some conflict in schedule, necessary adjustments were done to make our usual spring cleaning this year to a summer cleaning time, involving several bible study groups and small group ministries. This was also another way to bring members together to fellowship over lunch after the morning work was done.

PURPOSEFUL CONNECTIONS AT ADAM HOUSE

by Sarah Vega and Dorothy Wilson

We were led by God, through prayer, to pursue a means of applying the lessons learned as a result of taking “Perspectives on the World Global Movement”. In light of what has been happening in the past few months, this is a very apt description of seeing how God accomplishes His mandate,

“And this gospel of the kingdom will be preached to the whole world as a testimony, then the end will come”

— MATTHEW 24:14 —

When the church is unable to, or fails to send people to difficult places where the gospel is needed, God moves so that people have to come to where there is an opportunity to hear the word of God and see it in action through His people (i.e. Refugees flooding into Canada and elsewhere).

(COMMENT FROM SARAH)

“I had a heart for ministry to Muslims, but I was afraid of flying, so God resolved that issue for me. The church was supporting Adam House (a refugee centre) for some time and I felt led by the Holy Spirit that God could use me there. So I visited Adam House to find out how I could help. Dorothy went along with me the first time to help me find the place before she left for 3 months to help the Bertrands in Uganda. On her return, she decided to come alongside and help me in this ministry. God showed us how we complement each other with our different ways of gifting, as we are quite opposite in many ways.”

We are now in our tenth year of going to Adam House. It is even more exciting because of the connections we have made, by simply preparing a meal, being willing to sit, listen and learn from them as they talk about their lives. We found the ministry of John King, who came to CABC and gave a seminar on continuing conversations through symbol, to be very useful. We have learned that some of the people have been connected to local churches after moving out of Adam House (one asked for prayer because she was going to be baptized and back home when you do this you are signing your own death warrant). Some have become so desperate because they have left their family behind that they return home regardless of the risk. We develop friendships that are at different levels. One of them has come to salvation through our sharing (we were just the final



link in the chain). He is still in need of discipleship, so we meet regularly to help him in this. Some ask us to pray while we are with them and some ask us to pray for them: for jobs, for their papers, and even for a baby (her mother-in-law was telling her husband to get rid of her or to get another wife because she has not conceived). We saw God answer our prayer very quickly and she now has two children. Some share how they realize they have been told lies about Christians in the west. One commented, Muslims will help Muslims and Jews will help Jews, why do Christians help anybody? Our response was, “the Bible says we should love God first and then He asks us to love our neighbour, we understand our neighbour to be anyone nearby who needs help”. We have been invited to travel with them to visit other family members because they trust us and consider us part of their family. We have also been invited to an Afghan Independence Day celebration, an Afghan Mothers’ Day celebration, four weddings, and also to celebrate Eid with them. We have heard very sad stories of their situation in their country, especially the women, although very few women are able to get out without their husband. We learned how guilty they feel that they escaped and yet their families are still in difficult situations even though their intention is to get processed then send for their family. This takes several years. Many of those who get out from Afghanistan were helped by the United Nations because they have been helpful to those who are working against the Taliban in Afghanistan and have put their lives at risk to do this.

One thing that never changes in their conversation is that each and every one of them would rather be back in their own country if there was an end to the Taliban and/or other factions that keep peace from being a reality. We really want our CABC family to know how much the help that Adam House receives from the church, is being very effectively used. This is not just physically but especially spiritually, as a result of the weekly Bible study that is held every Tuesday night. Many of the Muslims attend because of the opportunity for them to hear without fear, to be able to ask questions and to understand why what they had previously been told about Christians did not hold true. Two have very recently come to faith and one of them has been hired as a custodian in People’s Church. Please continue to pray for the staff at Adam House as they seek to make disciples of all nations. We want to thank God, first of all, for giving us the joy and strength to persevere in this ministry as we celebrate this tenth year and look forward to His

continuing presence with us as we carry on.

P.S. In October, some of the current and past residents will be running in the Scotiabank marathon to raise funds for Adam House. If you would like to sponsor a resident, please let us

know and we will give you a name to pray for and support.

P.P.S. Perspectives will be held at Calvary Baptist Church, Pape & Danforth starting in September. Please contact the Mission Committee if you wish to know more.

“For though I am free from all men, I have made myself a servant to all, that I might win the more; and to the Jews I became as a Jew, that I might win Jews; to those who are under the law, as under the law,[a] that I might win those who are under the law; to those who are without law, as without law (not being without law toward God,[b] but under law toward Christ[c]), that I might win those who are without law; to the weak I became as[d] weak, that I might win the weak. I have become all things to all men, that I might by all means save some. Now this I do for the gospel’s sake, that I may be partaker of it with you.”

— 1 CORINTHIANS 9:19-23 (NKJV) —

EXPRESSIONS OF THE HEART

ROOTS OF THE TREE

by Peter J. Henry

We all remember the first time we saw Him,
A memory that is as clear as a sunny day.
His hand reaching out to us,
As we knelt down to pray.

He would touch our shoulder gently,
Letting us know He was there.
He would let us know He loved us,
With a love that we always thought was rare.

From that day, we knew we were blessed,
That we were within His heart.
A place where we are never alone,
Where we have been from the very start.

Since that day, our faith has grown like a tree,
With roots dug deep into the ground.
He was the one who planted the seed,
With a love that is profound.
He is there to light the way,
To the forest of those who believe.
To those who have found their way home,
To the souls that the Lord did retrieve.

He is the planter of all the many trees,
That forever reaches for the sky.
Planted with the warmest of love,
A love that will forever make us cry.

He is forever the root of our faith,
That grows each and every day.
His love is what makes smile,
And in that love we shall always stay.

In Loving memory of...



“Tatay ORLY”

ORLANDO BAUTISTA

December 11, 1934 - April 7, 2016



THE YOUNG @ HEART INTERCHURCH FELLOWSHIP

by Sheila Herbert

The Young @ Heart and four other churches gathered on June 18, 2016 for an Interchurch Fellowship day of praise, fun, thanksgiving and fellowship.

Our time of fellowship commenced at 10 A.M with singing, prayer and greetings. This was followed with special music by the Young @ Heart choir.

Pastor Latorilla was our guest speaker for the day, and he brought the message to us from Titus 2: 17-18. He reminded us of the coning of our Lord and that we should be prepared for His returning.

We had a delicious lunch that was prepared for us; this gave us a time of fellowship with our brothers and sisters. It is so great when God's children can get together, one with another no matter where we are from. It is great because we are all one in God through the blood of our Lord Jesus Christ.

We continued our fellowship after lunch with the other churches participating in the quizzes, and presenting their special poems and music.

It was truly a wonderful day. As the pastor reminded us that we are just passing through, we continue in our journey. Our desire is to continue working for the Lord, whether we are 65 or 92 years of age, the Lord is not finish with us yet.

So as seniors, we still do not want to get adjusted to this world, because we know that we have a home that is so much better; and we know that by the Grace of God we will go there one day to be with our Lord.

May God continue to bless and keep us in His care!



CABC FAMILY CAMP: JULY 27 - 29

About 165 of our brethren returned to Fairhavens Retreat Centre in Beaverton, Ontario for this year's family camp. Pastor Adam Dean shared a series of messages in accordance to our church theme from Colossians 2:6-7 "Rooted, Grounded, and Settled in Faith in Christ Jesus". This event was organized through the joint effort of the Branches of the Vine and Saved by Grace bible study groups.

“ Being an adherent of CABC and as part of the universal body of Christ, it was a blessing to behold the connections between the family of Christ. Even though I was part of another church, I was able to see and experience the bond that Christ brings with my fellow brothers and sisters in Christ from CABC. The welcoming atmosphere, the warmth of fellowship, and the message about being grounded in Christ made the camp a memorable one. ”

- Joshua Sinena -

“ My experience was a blessing, and being with my brethren in Christ was encouraging. I learned deeper to be rooted, grounded and settled in faith, in Christ Jesus. ”

- Margielyn Dancel-Camaya -

“ It was very good. We enjoyed the fellowship, all the fun activities, the message and the food. It was a job well done by the camp committee. ”

- Eric Wu -

“ It was truly a blessed experience to have learned the importance of being rooted, grounded, and settled in our faith. This camp has further unified our church knowing our bond for Christ has strengthened through fellowship with all of our brothers and sisters in Christ. ”

- Bianca Navarro -

“ I did find it relaxed, not as hectic. Teams got very creative depicting the church theme. ”

- Marigold Bollozos -

“ Rooted, Grounded, Settled. M Double O S E. Haha had to rep my team. But to be honest, for a first timer, it was fun! Even though I already knew a lot of people, I still met tons [of new faces]. ”

- Jairus Laude -

ON APRIL 3, 2016

We welcomed 13 new members of CABC,

Baptism by Immersion:

1. Norma Brown
2. Eunice Facun
3. Marielle Lachica
4. Aaroon Persaud
5. Rogelio So

Membership Transfer:

1. Bona Fides Avendano
2. Arnold Ca-igas
3. Jimmy Crisostomo
4. Eileen Cruz
5. Emmanuel Cruz
6. Regina Roque
7. Sofia Saria
8. Rodelia So

Visit our church web site at
www.cabctoronto.org

If you would like to contribute
or be involved in any area(s),
contact any of the CONNECT
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MICHAEL PAPPIN

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GABRIEL CAIGAS

ARIELLE GUEVARRA

TIMOTHY PENAFLO

EVA FAITH VIDAL